



During this challenging time our Early Help Hubs will be delivering business as usual, but in a different way.



We are still responding to Requests for Early Help Support, however due to safety measures such as the need for social distancing and keeping families and workers safe, there may be some changes as to how we contact families and share information as part of a multi agency response.

Joanne Dalton
Strategic lead for Early Help and Interventions.

We may take a little bit longer to get back to you regarding your request. We will however deal with all requests and prioritise, on the basis of level of need.



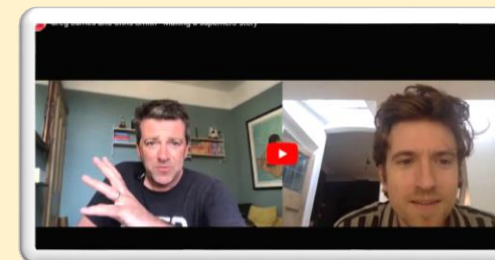
Brought to you by the Early Help Programme Team, in conjunction with Manchester Early Help Champions.



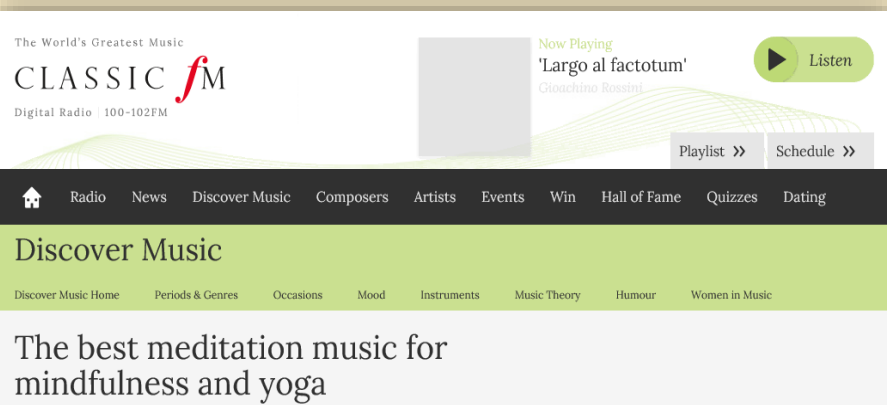
ARE WE THERE YET? Not quite. So hear are some more suggestions on great things to do.....



Greg James and Chris Smith are authors of the **Kid NORMAL** book series, a four-part adventure about a superhero kid... with no powers! Watch their video (click image on the right) to find out how to make up your own superhero story. You can also download a **Free audio version** of *Kid Normal* by clicking on the image of the book **on the right**.



You can find loads more useful resources and information provided by the **National Literacy Trust**, by clicking on the image above.



If you are short of relaxing music, see what you can discover on your **local radio** station. **Classic F.M** are providing access to their music collections, usually reserved for schools only. You can also access classical music aimed at supporting your moments of **meditation, gentle exercise, or settling down for bed time**. Click the image on the left to learn more.

OUR WEBSITE AND WEB PAGES

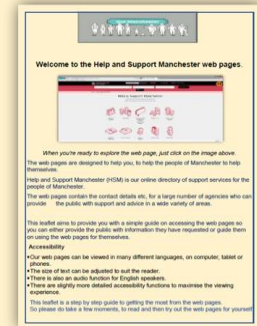
By visiting the website you can access a wide range of information, advice and guidance. As well as the details for a wide range of agencies who offer support to children, young people and families.

Access information, from health advice, to dealing with being homeless. Click the image left to see what support is available for **Manchester's most vulnerable people.**

Click the image (left) and visit our specialist page exploring support for those suffering **Domestic abuse.**

You may just want to begin with a visit to our **Help and Support Manchester** web page. Click the image left.

Follow us on twitter for all the latest, up to the minute updates, on all things Early Help: @earlyhelpmcr



Did you know that all our web pages can be **translated** into many languages? You can also **listen** to the contents of each web page via our **Browsealoud** function.

Click on the image above and learn how.

Just some of the Agencies supporting our children and young people.

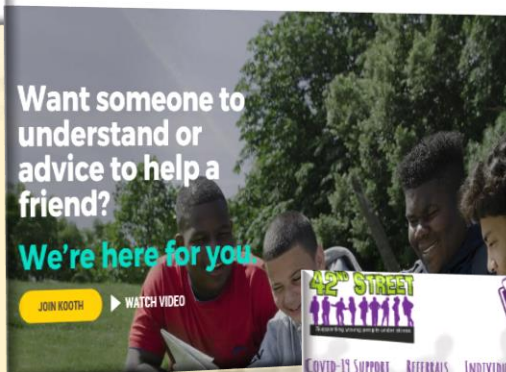


Click the image left to see how **the Proud Trust** can provide digital support for LGBT+ young people at this time



Click Left to see how Young people can access online counselling from

KOOTH.com
FREE ONLINE ADVICE FOR YOUNG PEOPLE



Click the image to see how **42nd St Still** continue to offer an online set of resources to support young people.



One Education offer parents a FREE Educational Psychology Helpline 0161 276 0118 (Monday – Friday 1.00pm – 3.00pm). Click the image left to see offers such as their problem-solving phone conversation, relating to educating your child/young person at home and responding to issues relating to learning, behaviour, anxiety and mental health needs.





Lets Not Forget To Stay Safe and Keep our Children, Young People and Families Safe.



With so much information being shared on line at the moment, it may be time to remind ourselves, children, young people and families, of the need to stay safe on line. Click the image left to gain some insight into how we can all stay safer, from the Children's Society.



The U.K Safer Internet Centre has lots of useful information and the Children's Commissioner web site provides some detail as to what to expect from social media companies. Click the images to find out more.

