

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheddar Cheese Whirl <i>With Vegetables and Roast potatoes</i>	Tandoori or Sweet Chilli Chicken <i>Potato Wedges & Vegetables or salad</i>	Baked Sausages, Gravy and Mash <i>potato Vegetables</i>	Aromatic Vegetable and Lentil Curry <i>Steamed Rice, Naan</i>	Fish & Chips <i>GF Fishfingers or Battered Fish or Battered Salmon</i> <i>Vegetables or beans</i>
Halal Main	Homemade Cheddar Cheese Whirl <i>With Vegetables and Roast potatoes</i>	Tandoori or Sweet Chilli Chicken <i>Potato Wedges & Vegetables or salad</i>	Baked Chicken Sausages, Gravy and Mash <i>potato Vegetables</i>	Aromatic Vegetable and Lentil Curry <i>Steamed Rice, Naan</i>	Fish & Chips <i>GF Fishfingers or Battered Fish or Battered Salmon</i> <i>Vegetables or beans</i>
Alternative	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers
Other options	Selection of Freshly made sandwiches with salad	Selection of Freshly made sandwiches with salad	Selection of Freshly made sandwiches with salad	Selection of Freshly made sandwiches with salad	Selection of Freshly made sandwiches with salad
Dessert	Home made fruity muffin & Custard <i>Fresh fruit, or Yogurt</i>	Jeweled Jelly, with fruit coulis <i>Fresh fruit, or Yogurt</i>	Home-baked Biscuit or cookie <i>Fresh fruit, or Yogurt</i>	Apple Crumble and custard <i>Fresh fruit, or Yogurt</i>	Frozen yogurt or Ice cream pot <i>Fresh fruit, or Yogurt</i>



Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheese Quiche Roast potatoes, vegetables, salad	Meat Keema Steamed rice, Naan, salad	Traditional Roast Dinner Potatoes, Vegetables, Gravy	Lightly Spiced Quorn & Vegetable Curry Steamed rice, Naan	Fish & Chips GF Fishfingers or Battered Fish or Battered Salmon Vegetables or beans
Halal Main	Homemade Cheese Quiche Roast potatoes, vegetables, salad	Meat Keema Steamed rice, Naan, salad	Traditional Roast Dinner Potatoes, Vegetables, Gravy	Lightly Spiced Quorn & Vegetable Curry Steamed rice, Naan	Fish & Chips GF Fishfingers or Battered Fish or Battered Salmon Vegetables or beans
Alternative	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers	Pasta with Tomato and herb sauce * Jacket potato, assorted toppers
Other options	Selection of Freshly made sandwiches with salad Finger Food	Selection of Freshly made sandwiches with salad Finger Food	Selection of Freshly made sandwiches with salad Finger food	Selection of Freshly made sandwiches with salad Finger food	Selection of Freshly made sandwiches with salad Finger Food
Dessert	Forest Fruit Cheesecake Fresh fruit, or Yogurt	Pear & Chocolate Sponge & Custard Fresh fruit, or Yogurt	Home-baked Biscuit or Cookie Fresh fruit, or Yogurt	Carrot Cake & Custard Fresh fruit, or Yogurt	Frozen yogurt or Ice cream pot Fresh fruit, or Yogurt



Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheese & Tomato pizza <i>With roast potato & beans, salad or vegetables</i>	Beef Chilli or Spicy Bean Enchilada <i>Steamed Rice, salad, or wedges</i>	Sweet Chilli Chicken or Quorn noodles <i>Packed with tasty vegies</i>	Baked Sausages with Gravy & Mashed potato <i>Vegetables & Yorkshire Pud</i>	Fish & Chips <i>GF Fishfingers or Battered Fish or Battered Salmon</i> <i>Vegetables or beans</i>
Halal Main	Homemade Cheese & Tomato pizza <i>With roast potato & beans, salad or vegetables</i>	Beef Chilli or Spicy Bean Enchilada <i>Steamed Rice, salad, or wedges</i>	Sweet Chilli Chicken or Quorn noodles <i>Packed with tasty vegies</i>	Baked Sausages with Gravy & Mashed potato <i>Vegetables & Yorkshire Pud</i>	Fish & Chips <i>GF Fishfingers or Battered Fish or Battered Salmon</i> <i>Vegetables or beans</i>
Alternative	Pasta with Tomato and herb sauce <i>Jacket potato, assorted toppers</i>	Pasta with Tomato and herb sauce <i>Jacket potato, assorted toppers</i>	Pasta with Tomato and herb sauce <i>Jacket potato, assorted toppers</i>	Pasta with Tomato and herb sauce <i>Jacket potato, assorted toppers</i>	Pasta with Tomato and herb sauce <i>Jacket potato, assorted toppers</i>
Other options	Selection of Freshly made sandwiches with salad <i>Finger Food</i>	Selection of Freshly made sandwiches with salad <i>Finger Food</i>	Selection of Freshly made sandwiches with salad <i>Finger food</i>	Selection of Freshly made sandwiches with salad <i>Finger food</i>	Selection of Freshly made sandwiches with salad <i>Finger Food</i>
Dessert	Creamy rice pudding, scented with warming spice <i>Fresh fruit, or Yogurt</i>	Chocolate Orange Cake <i>Fresh fruit, or Yogurt</i>	Arctic roll <i>Fresh fruit, or Yogurt</i>	Home-baked Biscuit or Cookie <i>Fresh fruit, or Yogurt</i>	Frozen yogurt or Ice cream pot <i>Fresh fruit, or Yogurt</i>

