

Early Help Assessment Programme Team.

Your May 2020 Early Help Update.



Due to the current challenges faced by all our Early Help Partner agencies and the positive feedback we have received regarding our last update, we will continue to provide our updates in our special edition format. We hope you and the families you support continue to find them beneficial.

I'm happy to be able to share more videos in the “**Creativity and Confidence At Home**” series. In this new collection of messages – introduced by Cbeebies’ Rebecca Keatley, celebrities discuss their inspirations, give advice and set challenges to complete at home.

Perhaps your young people could complete Anton Du Beke’s dance challenge and send him 15 seconds of original choreography set to their favourite music? Or maybe they can get active around the house by taking part in Olympic champion, Amy Williams’ fitness challenge? **Daniel Curtis. Composer and Lyricist**



To Access the videos, just click on your choice from the two images on the left.

Brought to you by the Early Help Programme Team, in conjunction with Manchester Early Help Champions.



Do you know a family being effected by drugs and alcohol, Eclypse is a free and confidential service for young people living in Manchester, they work with young people in a way that supports them to make positive changes to their substance misuse. Treatment teams offers rapid access to 1-1 case working. They also work with children and families to strengthen relationships including concerned parents and carers and professionals. They also provide education training. If you would like more information, click the image left to be taken to the Eclypse web site.

Young person

Click on the images left to download the relevant referral form. Please return completed referrals to eclypsemanchester@cgl.org.uk

Transition

Any questions please contact Eclypse on Tel No: 0161 839 2054

Family



Click on the above images to access the Eclypse Instagram and Facebook pages.



A LITTLE PROGRESS EACH DAY ADDS UP TO BIG RESULTS



Eclypse will support you on your journey.

Mental Health Awareness Week. 18 – 24 May 2020

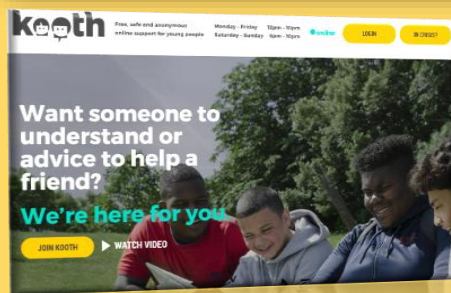
Greater Manchester Mental Health NHS Foundation trust are hosting a number of online events and discussions for professionals and parents, exploring a wide range of emotional and mental welfare issues. Click the image left to access their web page, containing a wealth of information and access to resources.



The current circumstances pose a potential risk to the emotional and mental wellbeing of our Manchester children, young people and families. To access advice and guidance from the Manchester Resilience Hub click on the image left. To hear more about the Hub click on the image right.



Click the image Left to see how Young people can access online counselling from



We're currently living through challenging times, but we are not alone and we can get through it. If you or someone you know is struggling to find hope, need someone to talk to? Call Samaritans now on Tel No 116123



One Education offer parents a **FREE Educational Psychology Helpline 0161 276 0118 (Monday – Friday 1.00pm – 3.00pm)**. Click the image above for details.

TOGETHER WE CAN HELP PREVENT SUICIDE

#shiningalightonsuicide
shiningalightonsuicide.org.uk

SHINING A LIGHT ON
SUICIDE

Lets Us Not Forget Young People who may be part of these groupings.

Coronavirus #2: Keeping in mind the children of high conflict separated parents

24th April 2020 By: Dr Emma Morris

In a new series of expert blogs, the Anna Freud Centre shines a spotlight on those children who are particularly vulnerable during the coronavirus crisis. Click Image left for more information.

On 10th June 2019, the seven charities responsible for delivering Carers Week came together to run a speed-networking event in Parliament to ensure that politicians had the chance to meet with carers and understand the challenges that they face in 2019. To see what events are planned for this year 8 – 14 June and what support is available, by clicking the image left.

The 16/17 Homelessness Prevention Service supports young people who are at risk of/are homeless. The service, which has previously been operated by Centre point, will be delivered by Manchester City Council in partnership with the Prince's Trust.

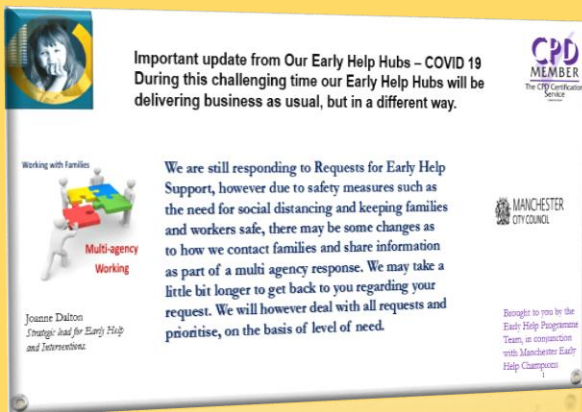
The service will be based at: Prince's Trust, Ground Floor, Beehive Mill, Jersey Street, Manchester, M4 6JG Tel No: 0161 869 0480. If you have any questions regarding the new service/model then please contact Chris Webb - christopher.webb@manchester.gov.uk





An update from our 3 Locality based, Early Help Hubs.

We are still responding to Requests for Early Help Support, however due to safety measures such as the need for social distancing and keeping families and workers safe, there may be some changes as to how we contact families and share information as part of a multi agency response. We may take a little bit longer to get back to you regarding your request. We will however deal with all requests and prioritise, on the basis of level of need.



North E.H Hub: **Abraham Moss**

Tel No: 01612341973

[mail to: earlyhelpnorth@manchester.gov.uk](mailto:earlyhelpnorth@manchester.gov.uk)



South E.H Hub: **Etrop Court**

Tel No: 01612341977

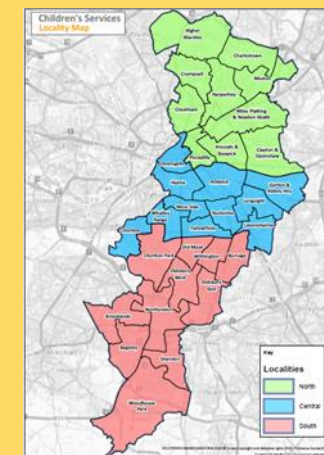
[Mail to: earlyhelpsouth@manchester.gov.uk](mailto:earlyhelpsouth@manchester.gov.uk)



Central E.H Hub: **Stretford Rd.**

Tel No: 01612341975

[Mail to: earlyhelpcentral@manchester.gov.uk](mailto:earlyhelpcentral@manchester.gov.uk)



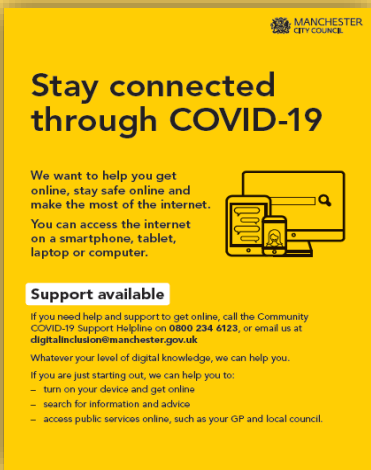
Click on the map to see which locality E.H Hub, covers your area.

For an overview of the role and function of an Early Help Hub, Click the above image and access an interactive P.D.F.



Follow us on twitter: @earlyhelpmcr

Support for families on becoming and staying connected, in the on line world and staying safe.



Manchester City Council want to help families get online, stay safe online and make the most of the internet. Click on the image left and view/download an information sheet explaining this great offer of support.

The U.K Safer Internet Centre has lots of useful information and advice. Click the image below to find out more.

With so much information being shared on line at the moment, it may be time to remind ourselves, children, young people and families, of the need to stay safe on line. Click the image right to gain further insight from the Children's Society, into how we can all stay safer.

